

# **ASSISTED LIVING VS. MEMORY CARE: UNDERSTANDING THE DIFFERENCES**

# **Assisted Living**

Assisted living communities serve residents who are mostly independent, but need some assistance with everyday tasks.



# **Memory Care**

Memory care communities provide services to those residents who are no longer able to independently manage most activities of daily living.

**Residents often have more advanced dementia** and lack insight and safety awareness.



Highly trained staff is on hand 24/7 to help supervise activities and daily tasks and specially designed security measures provide extra protection.

# **Assisted Living VS. Memory Care**

Needs help with basic daily tasks	Needs help with all daily tasks
Semi-independent lifestyle	24 hour supervision 🕢
Able to set own schedule	Benefits from structured schedule
Sometimes feels	Prone to wandering +
Has some daily challenges, such as trouble with medication management or fixing meals	Increased need for assistance with daily living
Staff assists with personal care	Specially trained staff provides more hands-on care

Determining care needs is the first step in the planning process and Marquis is here to help.

Contact us today to learn how we can assist you with our personalized care services.



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Sources: aginginplace.org, ncoa.org, aarp.org